

Edith Cavell Day Centre

Tel: 01508 578826

Transport: Liz Brown

Tel: 01508 570660

Mobile: 07823 331562

PROGRAMME – January 2019



Welcome back!

WEDNESDAY

2nd January

CLOSED for Holiday period

THURSDAY

3rd January

10.30 am – Games, chat and catching up!

1.30 pm – Wesley, our canine visitor, and Brenda's Table Quiz

MONDAY

7th January

10.30 am – Epiphany Service with Rev. Adrian Miller

1.30 pm – Bird Bingo!



WEDNESDAY

9th January

10.00 am – Foot care with Graham

10.30 am – Games and raffle

1.30 pm – David Boulton shares his photos of wildlife

THURSDAY

10th January

10.30 am – Service at the start of the New Year with Margaret Smith

1.30 pm – Peter Piper, entertainer and raconteur, returns for Chris' birthday

MONDAY

14th January

10.30 am – Collective Nouns Quiz

1.45 pm – Patsy Martin – Dance Exercise

- WEDNESDAY
16th January 10.30 am – Service for the New Year with Rev. Joanna Payne
1.45 pm – Paul’s Name Wordsearch
- THURSDAY
17th January 10.00 am – Dawn for hearing aid maintenance
11.00 am –Exercise with Beryl
1.30 pm – Reminisce with Lesley and Rosemary: “Household Items”
- MONDAY
21st January NEW* 10.30 am – Games and Grocery Stall
1.30 pm – Arthritis Care: Talk and questions
- WEDNESDAY
23rd January 11.00 am – Seated exercises with Liz
1.30 pm – “Mr Jack” the pony visits!
- THURSDAY
24th January 10.30 am – Games and Grocery Stall
1.30 pm – Floor Games – Go Fish and Sevens
- MONDAY
28th January 10.30 am – Games, chat and raffle
1.30 pm – Brian Laws – music to hum along to
- WEDNESDAY
30th January 10.30 am – Games and Grocery Stall
1.30pm – “Zumba Gold” Exercise with Sarah
- THURSDAY
31st January 11.00 am – Exercises with Beryl
1.30 pm – Margaret Riches: opportunity to sing your favourites and celebrate Chas’ birthday/



Happy Birthday to Chris on 11th January,
and Chas on 2nd February! Best wishes to you both.

As this programme has been produced very early, it is subject to change!

Don’t forget to bring small raffle prizes each day you come!